

ECSD Covid-19 Return to Activity Protocol *Prepared by Jason Knott and Andie Varsho*

Rock County released the Covid-19 School Athletics/Activities and Co-Curricular guidance document on June 10th. Rock County also moved into phase two of their reopening plan. This guidance has been prepared in order to move ECSD forward in reopening, while placing a high priority on safety for our students and staff. This follows the recommendations of the State of Wisconsin, Rock County, WIAA, and the National Federation of State High School Associations (NFHS).

We are following WIAA Guidelines for Sport Specific Accepted Physical Activities – PLEASE SEE ATTACHED

Indoor Facilities – open ONLY to ECSD Athletic/Activities and Co-Curricular

Outdoor Facilities – open ONLY to ECSD Athletic/Activities and Co-Curricular and ECSD Community Based Organizations

General Guidelines

- Social Distancing – (Are students and staff far enough apart to prevent COVID-19.)
 - Face Coverings – all coaches and support personnel are encouraged to wear face coverings, especially when not able to maintain social distancing.
 - If a student prefers to wear face coverings during activity, that is welcomed.
 - Face coverings are not recommended for high aerobic activity, participants will be required to sign a waiver.
 - Event staff, fans, and participants, when not conducting high aerobic activities, are recommended to wear face coverings.
 - Attendance at events, when they resume, may be limited
 - Participants and event staff are essential if events occur.
 - Gathering capacity limits should be followed to maintain social distancing. (25 people or less)
- Exposure Time – (the longer the time together, the greater the chance of virus transmission)
 - Staggered times and max time of 1:30hr per group including warm up and dismissal.
 - Please clear building when group is completed. There should be a 15 minute window between each groups entering and exiting building.
- Cleaning and Disinfecting Processes
 - All facilities and common surfaces must be cleaned before and after use.
 - Cleaning schedules will be created and implemented for all facilities to mitigate the spread of any communicable diseases.
 - Equipment must be sanitized between each use before sharing, and again after transition of groups.
 - Individuals will wash/sanitize their hands for minimum of 20 seconds prior to, during transitional periods of facilities and immediately after.
 - Locker rooms will not be accessible and must be locked at all times.
 - Restrooms will be available in the commons, doors will be propped open and will be cleaned on a daily basis.
 - Wash sports equipment and clothing after each contact day or open gym.

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- Symptom Screening
 - Before any event, all participants, including coaches and support personnel will be screened for Covid-19 symptoms. All Participants will take their temperature before leaving their residence for the event on ECSD campus and report this to the Varsity Coach, Advisor, or Organization President.
 - Responses will be recorded on the Covid-19 monitoring form by the Varsity Coach or Supervisor of the reservation.
 - Varsity Coaches, Advisors or Organization Presidents will sign off on this monitoring form and return it to the Athletics and Activities Director after every event.
 - Anyone exhibiting symptoms will be prevented from participating and directed to see their primary care provider.
 - Vulnerable individuals may participate in activities at their own risk.

Other Considerations

- Return to Physical Activity
 - All pre-season condition and acclimatization processes must be adhered to. The current pandemic may result in students being physically stagnant for numerous months. Coaches must be tuned into the physical condition of all athletes.
- Hydration
 - All students must bring their own water bottle, water bottle must NOT be shared.
 - No communal water stations – including drinking fountains.
- Plan for Confirmed Positive Cases
 - Follow procedures set forth by ECSD, Rock County Health Department, and NFHS
 - Positive cases will be dealt with on a case by case basis.
 - Please see policies attached for requirements of quarantine

Phased Reopening – Step 1 – July 6th to July 24th

- Limited Gatherings
 - No gatherings of more than 25 participants at any single indoor facilities (except Weight Room) or 25 participants at any single outdoor facilities.
 - Gatherings are limited to ECSD athletics/activities and co-curricular and Evansville Community Organizations.
 - Locker Rooms are not accessible.
 - Social distancing guidelines are in effect for all gatherings.
- Strength and Conditioning
 - All **General Guidelines** must be followed.
 - No gathering of more than 5 students in weight room and 25 students at an outdoor facility, weight room only utilized by ECSD athletics/activities on contact days or open gyms.
 - Weight Room Specific Guidelines
 - Any activity that can occur outside will occur outside.

- Weight equipment must be cleaned thoroughly prior to and after use by the individual with the coach supervising and assisting.
 - Appropriate clothing (full t-shirts, NO cutoffs) footwear must be worn at all time to minimize transmission of communicable disease.
 - Students must be encouraged to shower and wash workout clothing immediately upon returning home.
 - Daily Weight Room Process and Protocols
 - Each group will be supervised by coaches during the contact day or open gym time. Each group must have a coach in the weight room, and gym at all times. These coaches will also be in charge of social distancing monitoring, sanitizing, and disinfecting.
 - The groups will report to the gym and then be split off into weight lifting/skill groups from the coach.
 - When switching facilities. All doors will be propped open. We will utilize the multiple entry and exit doors, and switch in a clockwise motion.
 - Weight room will go down hallway in commons and enter through main doors, while gym will enter through back entrance and in the weight room door located by the official's locker room.
 - There will be a 15 minute period of transition between switching facilities for cleaning and sanitation; as well as safe exit and entrance of student athletes.
- Team Camps and Contact Days
 - High school teams will be able to hold summer contact days with the understanding that all **General Guidelines** will be followed.
 - Head Coaches must submit Open Gym/Contact Day - *Sport Specific Guidelines and Daily Processes and Protocols (waivers, monitoring sheet, and check list)* to the Athletic/Activities Director and/or district designee for approval prior to player contact.
- Captains Practices
 - There will be NO captains practice allowed at ECSD facilities during step 1 of reopening. Please communicate this to all participants, staff, and families.
- Off Campus Team Activities
 - Teams may NOT participate in off campus sweat leagues and 7-on-7 sessions
- Youth Clubs/Community organizations
 - All General Guidelines will be followed
 - Reservations through r-school need to be made prior to any plan of practice or usage of facilities
 - The participants may not utilize the campus facilities if they choose to practice or compete in anything other than the Evansville community. There will be no facility usage for organizations that choose to go to another county to practice or play.

Step 2 – July 25th and August 28th

- TBD

Step 3 – August 29th TBD